

COME PREPARED FOR THE RIDE

Come with a full tank. It's so obvious, yet some riders still show up to a group ride with a quarter tank. No one in the group wants to have to make an unplanned stop or wait around for you to fill up your gas tank. This can and should be done before you meet up with the group. And when one person fills up later in the day, everybody should.

Go to the restroom before you meet up with the group. Just as you should fill your gas tank, empty your "tank", before the ride.

Make sure your bike is ready to roll. For the greater good of the group, do a quick check the night before or the morning before your ride, to ensure everything on your bike is in working order. Nothing puts a damper on a group ride like someone whose bike has an issue that could have been fixed beforehand. Of course you shouldn't wait to see if you need new tires the night before the ride. Regular maintenance aside, this is a last-minute inspection. [see T-CLOCS inspection check list in this section]

Pre-load the route(s) onto your phone or GPS unit or have a map with you for the ride. Make sure every rider in the group at least knows the general route, where the lunch spot is, and how long the ride will be.

Bring water. Don't underestimate the importance of hydration.

Downloaded from <https://www.roadrunner.travel/2019/04/12/group-riding-its-either-heaven-or-hell/> on April 18, 2019.